

What is the Whalley Abbey Community?

There is a small resident community at Whalley Abbey, and an intention exists to grow within the constraints of available space. The members support the work of the Abbey through their input. We aim to have four volunteer members on the Ministry Experience Scheme every year.

We are also progressing with the formation of a dispersed community to create ways for people on the outside to be involved and belong to a wider community attached to the Abbey. They will share in the spiritual life of the Abbey, commit to a Rule of Life and find support for their own journey and growth through regular events, retreats and communications. They are encouraged to offer their time in volunteering at Whalley Abbey as their situation allows.

There are existing praying communities at the Abbey, and groups and individuals on the outside, with whom we are exploring a deepening involvement.

Current Framework

- a) To develop the Rule of Life based on the Rule of St Benedict and four areas of commitment: Prayer, Study, Work and Social Action.
- b) To have an annual commitment service.
- c) To hold a bi-monthly meeting (on Sunday afternoons) where we pray, eat, talk and work together.
- d) To be focussed as a community that serves others, where loving hospitality is experienced by all who come into contact with us.
- e) To regard and treat all who come to the Abbey as members of our community.
- f) To be an ecumenical community rooted within the Anglican tradition and open to all.

Pattern of Prayer

8 am Morning Prayer

12.30 pm Middayish Prayer

5.30 pm Evening Prayer

9 pm Night Prayer

Eucharist at 8 am on Monday, 5.30 pm on Wednesday and 9.30 am on Friday

Our daily prayer focus

Monday - Creation and Sustainability

Tuesday - All the Small Things

Wednesday Work/Worklessness

Thursday - Thanksgiving

Friday - Reconciliation through Forgiveness

Saturday - Justice and Peace

Sunday - Abide